

Girme's

WHEATGRASS[®]



*Nature's Way to
Health & Wellness!*



प्राकृतिक चिकित्सा
NATUROPATHY



A concept of
Nature Cure



Jaivik Bharat

About Us

- Girme's Wheatgrass (GWG) started by Naturopath Dr. Chandrakant Girme in 1998,
- Registered in 2005 and developed by his son Hemant Girme
- Pioneer then, Leader now of Wheatgrass Powder in India.
- National Award winner – Best Export Oriented Unit
- Having sales all over India and exporting to 40+ countries..!

Benefits of Wheatgrass Powder:

- Detoxification
- Liver Detox
- Improve pH balance
- Increase Hemoglobin (RBC)
- Strengthen Immunity
- Helps combat Anemia, Thalassemia, Piles, Constipation, Cancer, Diabetes, Obesity, etc.



Nature Cure Concept

Raw | Vegan | Gluten Free

To Use:

Mix 3g powder in a glass of warm water and drink on empty stomach.

Tablet / Capsules:

Min. 2 and Max. 6 per day with water.

Health & Wealth together...

International Business Opportunity

Small Quantity

Air Courier

Door Delivery

Export Quality

100% Natural



Concept Of Wheatgrass

Diet occupies an important place during sickness and healthy condition. The Father of modern medical science and the great Greek philosopher Hippocrates rightly said "Let thy food be thy medicine". Our body has the inbuilt ability to heal itself if provided proper nutrition, environment and exercise.

Dr. Ann Wigmore (1909-1994), Boston, USA is considered the chief exponent of Wheatgrass in modern times. The extensive research done by her promoted Wheatgrass being hailed as – Panacea on Earth !

The common observation that dogs and cats nibble on grass, presumably when ill, strengthens our belief in the healing power of grasses.



Wheat Grass is known for its therapeutic value since ancient times under Naturopathy (Nature Cure) which is a branch of Ayurveda. It has been traditionally suggested to be taken as fresh juice / shots for health and healing benefits.



The indigenous process refined by years of perfection ensures that the beneficial nutrients are retained in our Girme's Wheatgrass Powder.



Harvested on 8 day, dehydrated naturally in poly film house at Temp less than 45 C and grinded into fine powder.

Girme's Wheatgrass

- Pioneers of Wheatgrass
- Producing since 1998
- Naturopathy followers
- Own Organic Farm,
- Processing, Manufacturing,
- All India brand presence
- Exports to 20+ countries



Nutritional Facts

Common name: Wheat Grass Powder.

Botanical Name: Triticum Aestivum Powder.

Note: The results shown here are for a limited number of commonly known nutrients.

Wheatgrass Powder certainly contains many more phyto nutrients than we can test for.



% Daily Value (DV) not established.

Contents are per 100 g

PHYSICAL	CONTENTS
pH (10 % solution)	7.20
Particle size	70 Micron
Artificial colour, preservative, flavor	Absent

NUTRIENTS	CONTENTS
Proteins	36.29 g
Carbohydrates	49.23 g
Calories	340.57 kcal
Total dietary fibre	9.15 g
Chlorophyll (dry basis)	6.19 g
Fat	1.20 g

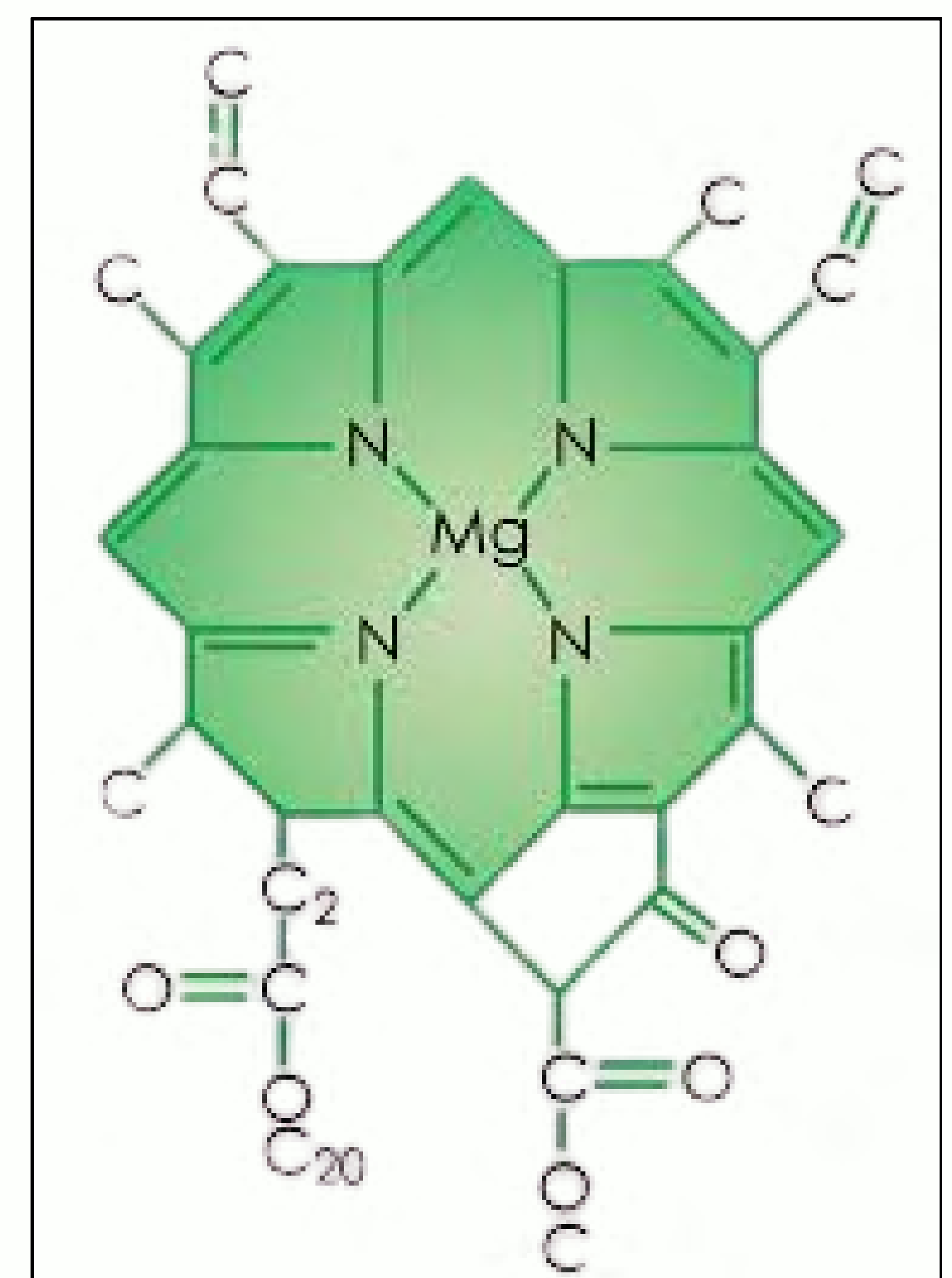
VITAMINS	CONTENTS
A	36.29 g
B12	49.23 g
C	340.57 kcal
E	9.15 g
B17	6.19 g
B9 (Folic Acid)	1.20 g

MINERAL	CONTENTS
Calcium (Ca)	436.25 mg
Potassium (K)	2954.2 mg
Iron (Fe)	234.51 mg
Sodium (Na)	82.50 mg
Zinc (Zn)	1653 mg
Magnesium (Mg)	101.24 mg
Selenium (Se)	63.89 mg
Phosphorous (P)	410.25 mg
Copper (Cu)	49.67 µg
Sulfur (Su)	11.56 mg
Iodine (I)	1.12 µg
Manganese (Mn)	4.32 µg

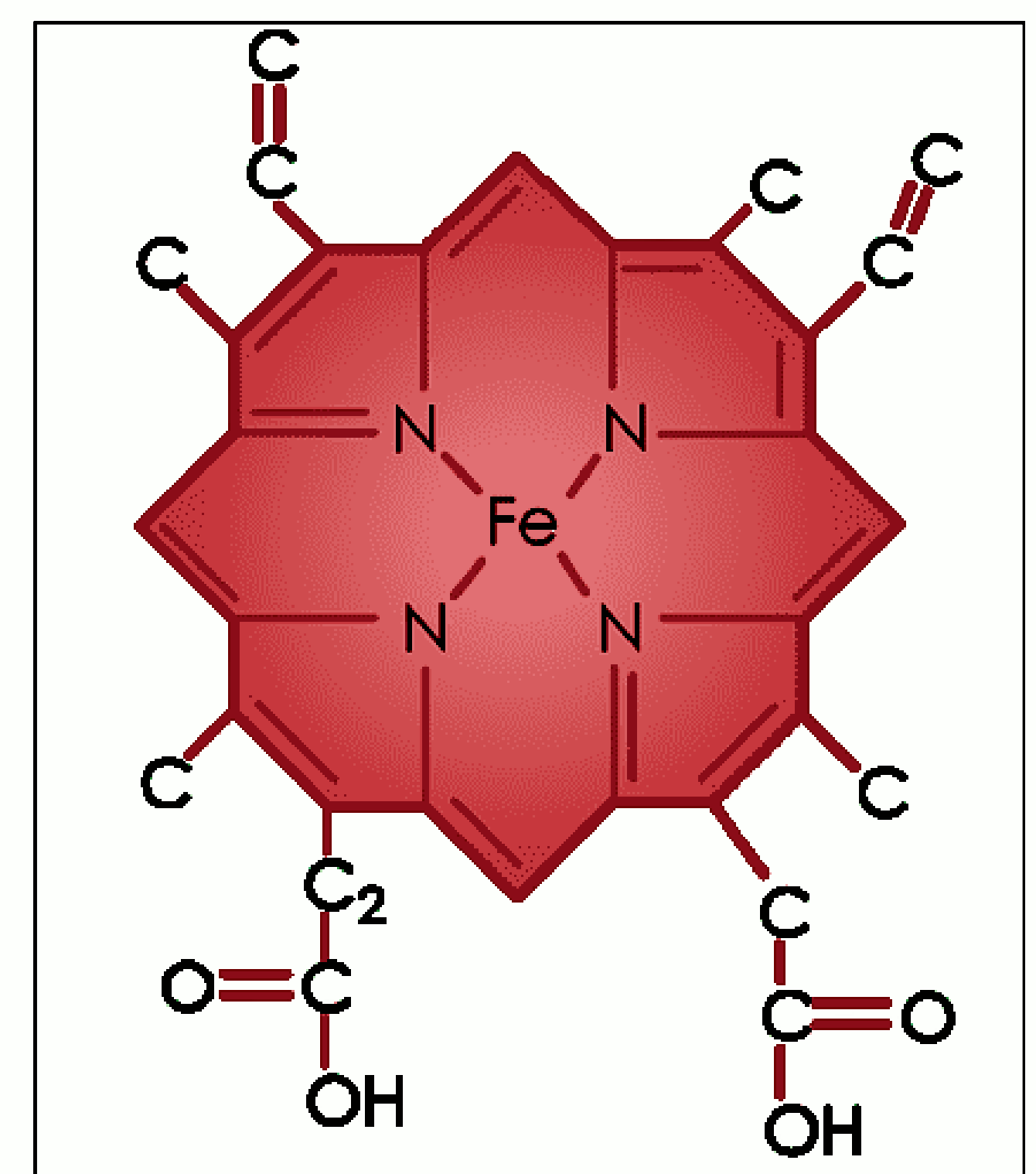
AMINO ACIDS	CONTENTS
Histidin	688.10 mg
Isoleucine	1271.45 mg
Leucine	2657.21 mg
Lycine	1415.24 mg
Threonine	1524.79 mg
Tryptophan	215.99 mg
Valine	1741.28 mg
Methionine	690.24 mg
Tyrosine	290.45 mg
Alanine	2601.24 mg
Proline	1708.34 mg
Serine	1160.42 mg
Phenylalanine	1342.57 mg

Chlorophyll:

Has antiseptic, anti bacteria & anti-cancer properties
Helps detox, increase Hemoglobin & heal wounds



Chlorophyll Molecule



Haemin Molecule

The molecular structure of Chlorophyll is similar to Hemin contained in human blood. Dieticians therefore call Wheatgrass as 'green blood'.

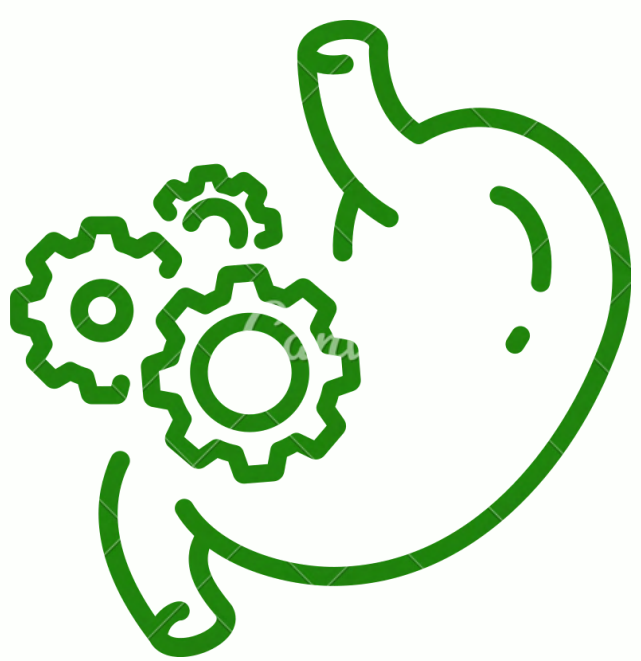
Organic Certified & Gluten Free Product

Free from any harmful Heavy Metals or Pesticides & Allergens

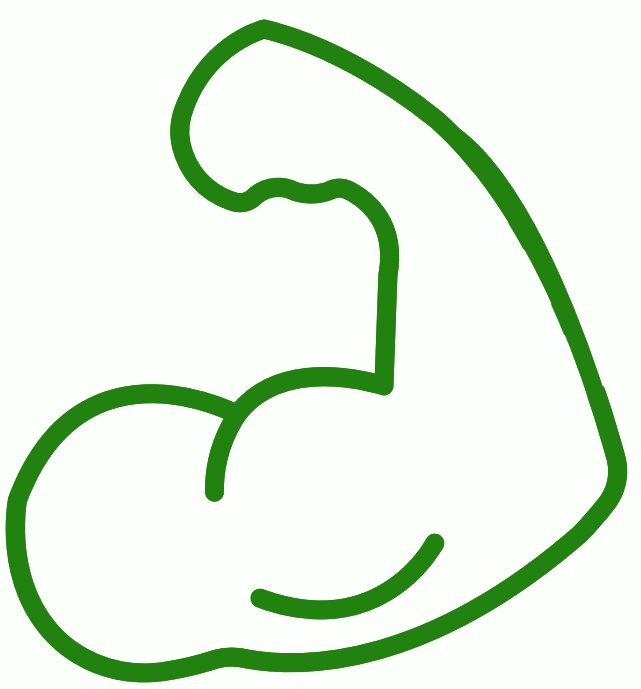
Benifits of Wheatgrass Powder



Helps Boost Immunity



Helps resolve digestion problems

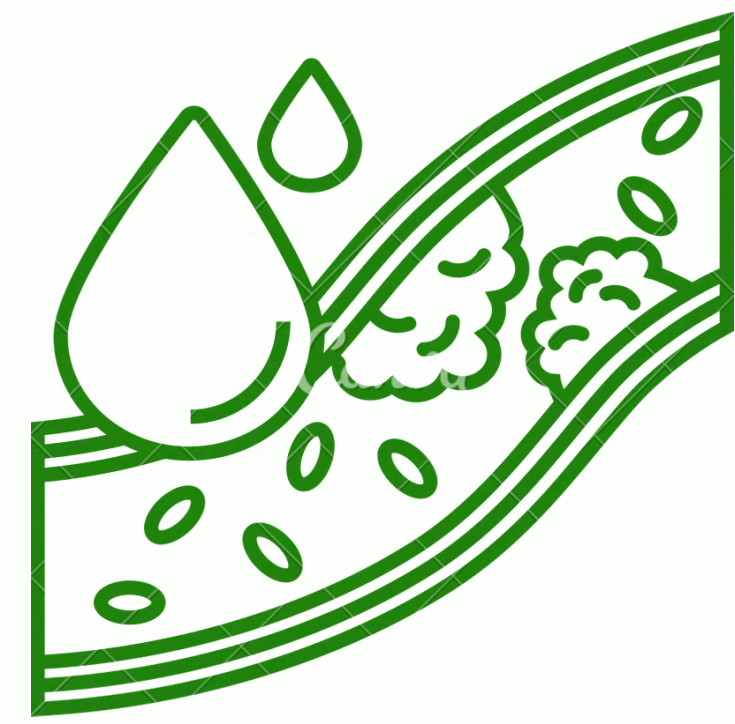


Helps Improve Skin & Muscle Tone

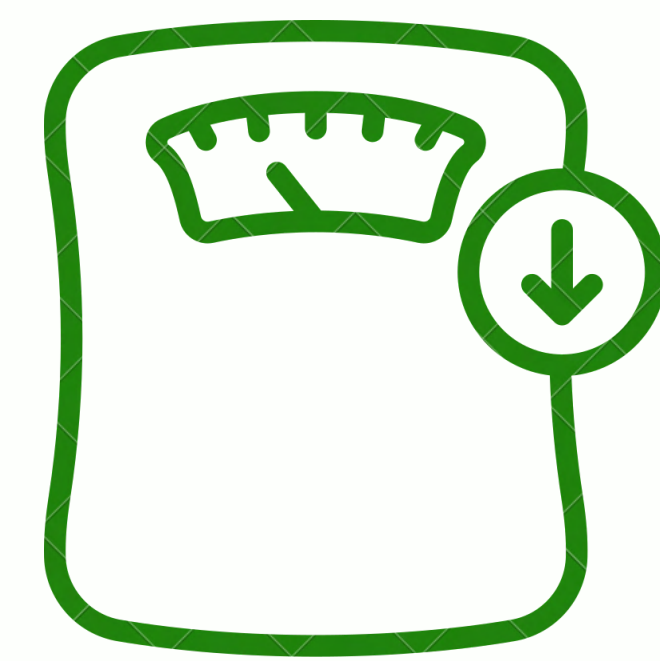


Helps Detox & reduce Stress

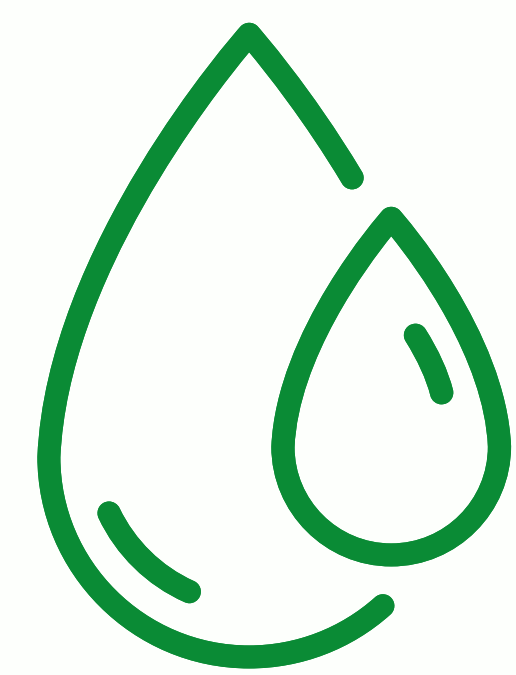
- Helps strengthen immune (resistance) system.
- Helps detox & thus reduces stress, tension, foul odors of breath & sweat.
- Helps maintain blood pH towards alkaline.
- Increases blood Haemoglobin count, helps combat Thalassemia & Anaemia.
- Helps resolves digestion problems such as Diabetes, Piles, Colitis, Acidity, Ulcers, etc.
- Dietary fibre helps control Blood Sugar,
- Cholesterol level & prevent Constipation.
- Helps combat Cancer, Leukemia, Arthritis, Insomnia, Asthma, Menstrual problems
- Helps improve reproductive health of both men & women, increase vigour, vitality & helps conceive.
- Wheatgrass Powder Paste (made in water + few drops milk + pinch of Turmeric) applied like a pack helps overcome skin problems such as acne, black / white heads, freckles /skin tan / burn, eczema, psoriasis, etc.
- Helps improve skin & muscle tone, weight loss
- And the list goes on.....



Helps Maintain Cholesterol Level



Helps in Weight Loss



Helps maintain Blood pH



Helps Maintain Blood Sugar



100g Wheatgrass Powder = 23 Kg Vegetables in Nutrition

Directions for Use

For best results, mix 3g in a glass of 275 ml warm water & drink on empty stomach



1 Spoon / Sachet = 3g Powder
100g Bottle = 30+ glass

Suggested Quantity

Normal People (For general wellness): For 1 month - 3g Powder / 1 Tab. in morning, Then - a) Continue the Wheatgrass Powder / Tab. all year. OR b) Repeat the course after a gap of every 5-6 months. No harmful side effects even if taken daily for long time

To help in Health Problems: Start with 3g Powder / 1 Tab. in morning. Then - gradually increase to twice a day in morning & evening

To loose weight: 3g Powder / Sachet with water 1 hour before lunch & dinner.






Wheatgrass Powder

"NATURES GIFT TO MANKIND!"



It Works! Let it Work for everyBODY.

www.girmeswheatgrass.com

Design By: WWW.SROMPLIN

Girme's
WHEATGRASS[®] Since 1998
 Nature's Gift to Mankind



100g Bottle Pack



3g x 30 Sachet Pack



100g Pouch Pack



100 capsules Pack

Girme's
WHEATGRASS[®]

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 Gangadham - Lullanagar Rd.
 Market Yard, Pune - 411037,
 Maharashtra, INDIA.

<https://girmeswheatgrass.com/>



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